

NCPA TODAY

SPRING 2011

HARDING UNIVERSITY COLLEGE OF PHARMACY

NCPA NEWSLETTER



NCPA Members Attend Annual Convention

The 2010 NCPA Annual Convention was held October 23-27th in Philadelphia, Pennsylvania. From the Harding Chapter, there were six members who attended, and they were: Aisheik Woody, Ankita Desai, Chirag Javia, Jonas Strobel, Umair Ansari, and Aakash Patel. The student conference only lasted for two days out of the five. Our first morning began with an opening session where we met officers from other chapters and we were able to exchange ideas for possible patient care projects. Shortly after this session, we learned how independent pharmacy is different from retail pharmacy and the different services independent pharmacists can provide. The topics included

skin care, travel vaccines, Medication Therapy Management (MTM), and durable medical equipment. I was pleased to learn how independent owners can choose different niches to succeed in business and provide optimal patient care. In the evening, we watched top schools compete in the Pruitt-Schutte Live Student Business Competition. These participants had to convince the loan officers that their business would succeed through the plan that they proposed. Overall, this was a great start to the convention.

The next day was the general opening session for students and

pharmacy owners. Bruce Jenner was the keynote speaker and he talked about how he trained to

The most memorable events from the conference were the business plan competition and the inspiring message from Bruce Jenner.

become an Olympic gold medalist. He gave us an inspiring message about how we are able to choose the pharmacy arena in which we can practice.

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Annual Convention Continued

We, as student pharmacists, should train ourselves daily in order to succeed. We have endless opportunities to make a difference in our own lives as well as lives of our patients. I think we all gained a huge



amount from attending this conference. We saw the brilliant ability of speakers to give presentations in front of many colleagues. We were able to

network with some of the key pharmacy leaders both at the local and national level, for instance, Dr. Mark Riley, the Executive Vice-President of the Arkansas Pharmacists Association, and Dr. Afton Yurkon, the Associate Director of Management and Student Affairs for NCPA, as well as meeting and interacting with independent pharmacists from our area. I enjoyed visiting Philadelphia, spending quality time with my school mates, and learning about independent pharmacies. The most memorable events from the conference were the business plan competition and the inspiring message from Bruce Jenner.

I encourage all the pharmacy students to attend at least one conference before graduating. The next NCPA conference, the National Legislation and Government Affairs Conference, is in Washington, DC on May 23-25th. Please let one of the officers know if you are interested in attending.

~ Aakash Patel, P3

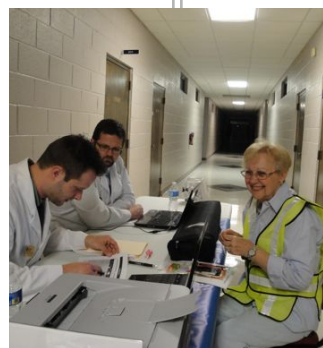
NCPA Kicks Off Medication Therapy Management Projects!



Steven Hanus, P1, performing MTM services at North Heights Church of Christ in Batesville, AR.

On April 2, NCPA members collaborated with APhA-ASP and nursing students for a community project at North Heights Church of Christ in Batesville. This was one of four different medication therapy management (MTM) projects that were planned for the semester. In Batesville, we educated over 80 patients on different disease states such as heartburn, diabetes, dyslipidemia, and hypertension. We also counseled patients regarding the importance of exercise and good nutrition. In addition, NCPA members were directly involved with medication therapy management. We educated patients to take medication as

recommended, noted any drug interactions, and made sure that there was no drug duplications and printed medication information for patients when needed. Most importantly, we spent quality time with them and listened to their stories in order to develop a trusting relationship. The more we talked to them, the more we were able to find out regarding their medications. I was pleased to see how much we were making a difference in the community. We were able to encourage patients to continue taking their medications, separate



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separate different medications if there was an interaction, and also informed them about the effects of food and its effect on absorption rates of certain medications. I strongly believe we made a difference in many patients' lives.

In pharmacy school, we are taught the importance of patient adherence in several classes. We may continue to work switch or increase dosages, but if the patient does not take the medication, then all the effort is worthless. I can recall how one patient informed me that she had stopped taking her cholesterol medication, Crestor, because she was experiencing muscle aches. I was able to convince her to let her doctor know about the side effect so that he may switch her medication.

I am glad we initiated the MTM project through NCPA at Harding, and I hope it continues for many years. Not only will it improve patient caring, it will also prepare students to start doing MTM services.

~Aakash Patel, P3

Clinical care specialist and community pharmacist, Eric Crumbaugh, spoke to HUCOP NCPA chapter about MTM services in community pharmacy earlier this semester. Eric works for Kroger Pharmacy and coordinates most of their MTM services. During his presentation, he spoke of the initial interactions

with patients, the essential interventions that should be made during an MTM service, and the typical reimbursements from Medicare. He mentioned the importance of pharmacist collaboration with physicians and the necessity of this collaboration to improve MTM services. Also, he spoke of the increased quality of life that MTM provides in patients' lives, specifically geriatric patients.

Clinical Care Specialist Presents Over Importance of MTM Services

Ace-inhibitor drugs for all patients with diabetes mellitus, regardless of blood pressure values is a common intervention Medicare suggests. Another common MTM intervention is up-to-date immunizations, such as the influenza or herpes shingles



Eric Crumbaugh, Pharm. D., speaks about MTM services in community pharmacy.

vaccine. To conclude the presentation, several NCPA members asked questions about community pharmacy residencies. Dr. Crumbaugh informed us of Kroger's community pharmacy residency program. It's a great opportunity to work side-by-side Dr. Crumbaugh and make community interventions through MTM; vaccine clinics; blood pressure, cholesterol, and glucose screenings; as well as presenting over these topics at national pharmacy conferences. Interested fourth-year students can inquire at crumbaugheric@uams.edu.

-Terra Fagala, P3

DR. MARK S. RILEY NCPA 2011-2012 OFFICERS

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BEST WISHES FOR THE 2011-2012 YEAR!

CHAPTER V.I.P.

Chirag Javia, P3

Hometown: **Phoenix, AZ.**

Favorite activities when not studying? **Volleyball, hiking, & exploring new places outdoors.**

Favorite class? **Research.**

If you had to pick one favorite professor in pharmacy school, who would it be? **There's not an easy answer for this, because each of our faculty has their own speciality, but they all put together their skills to help students excel. Most importantly, they care!**

Have you ever worked in pharmacy? **Walgreens from 2004-10.**

What area of pharmacy do you plan on working as a pharmacist? **Immediate goal: retail pharmacy.**

Future goal: own my own pharmacy.

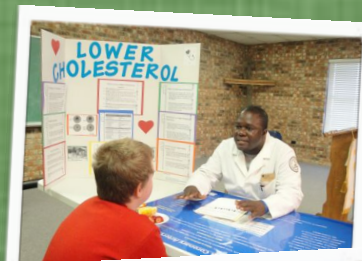
Ultimate goal: research.

Why did you join NCPA? **I've always been interested in owning my own pharmacy and NCPA is a great organization that provides the necessary resources.**

What are you looking forward to most after pharmacy school? **12 months ago, I would have said a BMW M5, but now, it's more about reversing debt and working towards my future goals.**

What would you say your greatest accomplishment is thus far? **Surviving 3 yrs. of pharmacy school in Searcy, AR.**

If you could give one piece of advise to a P1, what would it be? **Congratulations on your accomplishments, whether it's getting through your first curricular year or getting accepted to our prestigious college of pharmacy where it's all about succeeding together. According to me, graduate school is not entirely about getting a 4.0 GPA, because you already proved that by getting this far. It's more about being actively involved in activities that will make you a better all around pharmacist.**



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Upcoming Deadlines & Events

May 23-25, 2011- 43rd Annual Conference on National Legislation & Government Affairs at the Hyatt Regency on Capitol Hill in Washington, DC. The focus of this conference is the recent health care reform and how it affects pharmacy and patients. For more information, click <http://www.ncpanet.org/index.php/2011-legislative-conference>

May 31, 2011- NCPA MTM Challenge Award due. The winning chapter will be acknowledged at the 113th Annual Convention & Exposition in Nashville, TN. Click http://www.ncpanet.org/students/resources/MTM-Challenge-Information-Packet-and-Report-Form_FINAL_10_10.pdf for more information

May 31, 2011- Chapter End of Year Report due. The 3 most improved chapters will be recognized by NCPA at the annual convention in Oct. Prizes for 1st, 2nd, and 3rd place are \$2,000, \$1,000, & \$500, respectively.

October 08-12, 2011- NCPA 113th Annual Convention and Trade Exposition at Gaylord Opryland Resort & Convention Center in Nashville, TN. Information can be found at http://www.ncpanet.org/pdf/conferences/2011convention/exhibitor_prospectus.pdf

