



HARDING

FJORDS OF NORWAY

May 7-15, 2028

TOUR ITINERARY

SUNDAY, MAY 7: Depart in the evening from your home airport.

MONDAY, MAY 8: Arrive at Bergen International Airport (BGO). Take the convenient Flybussen shuttle from the airport to the dock. Time permitting, you'll get to explore Bryggen, Bergen's medieval wharf in the historic harbor district known for its colorful, wooden boat houses, before boarding our home for the week, the MS Trollfjord. Once onboard, we will meet the Expedition Team and settle into our cabins. Our group will meet for dinner as we set sail towards the southern Norwegian fjords.

TUESDAY, MAY 9: Enjoy breakfast at your leisure as we sail through Kvinnheradsfjord, a branch of the Hardangerfjord, to our first port stop in Rosendal. Framed by orchards and the white peaks of the Folgefonna Glacier, history lingers in the 17th-century Barony Rosendal, Norway's only manor house of its kind. You can stroll through these historic grounds, visit local art galleries or enjoy coffee and home-baked treats in the garden café. Nearby, the Folgefonna National Park Center reveals the story of the region's ice, rock and natural formations. Our group will enjoy a welcome reception and dinner together on board the ship later in the evening, along with optional educational lectures or relaxing time exploring this beautiful vessel.

WEDNESDAY, MAY 10: Breakfast this morning will feature views of Lysefjord, one of Norway's most dramatic waterways. Towering cliffs rise more than 3,000 feet above the sea, and from the deck you may glimpse Pulpit Rock – a sheer plateau that has become an icon of Norway's wild beauty. Later in the day we arrive in Stavanger, a lively coastal city where Viking heritage meets modern energy. The Old Town's white wooden houses line cobbled streets filled with cafés and galleries, while the waterfront offers museums, seafood restaurants and space to wander. This beautiful community is an opportunity to browse the shops for souvenirs such as Norwegian wool sweaters or local crafts. The evening will be enjoyed at your leisure to meet up with friends or enjoy a quiet dinner on board. Educational lectures will be available from our Expedition Team and some musical entertainment will be happening in the lounge.

THURSDAY, MAY 11: We turn north this morning toward the magnificent Hardangerfjord, often called the Queen of the Fjords, where artists and painters have come to find inspiration over the centuries. Join a Harding alumni artist to try some sketching of your own, or just enjoy the passing beauty. Our port stop of the day will be in Eidfjord, a tranquil village surrounded by sheer cliffs and tumbling rivers. Here, nature and culture intertwine. You can choose to visit the Hardangervidda Nature Centre, a gateway to Norway's largest mountain plateau, or take an excursion to the mighty Vøringsfossen waterfall which empties dramatically into a mist-shrouded gorge. Engage with locals to hear stories of farmers, fishermen and generations shaped by the stunning fjord, and bring those tales back onboard to share with your fellow travelers at dinner.





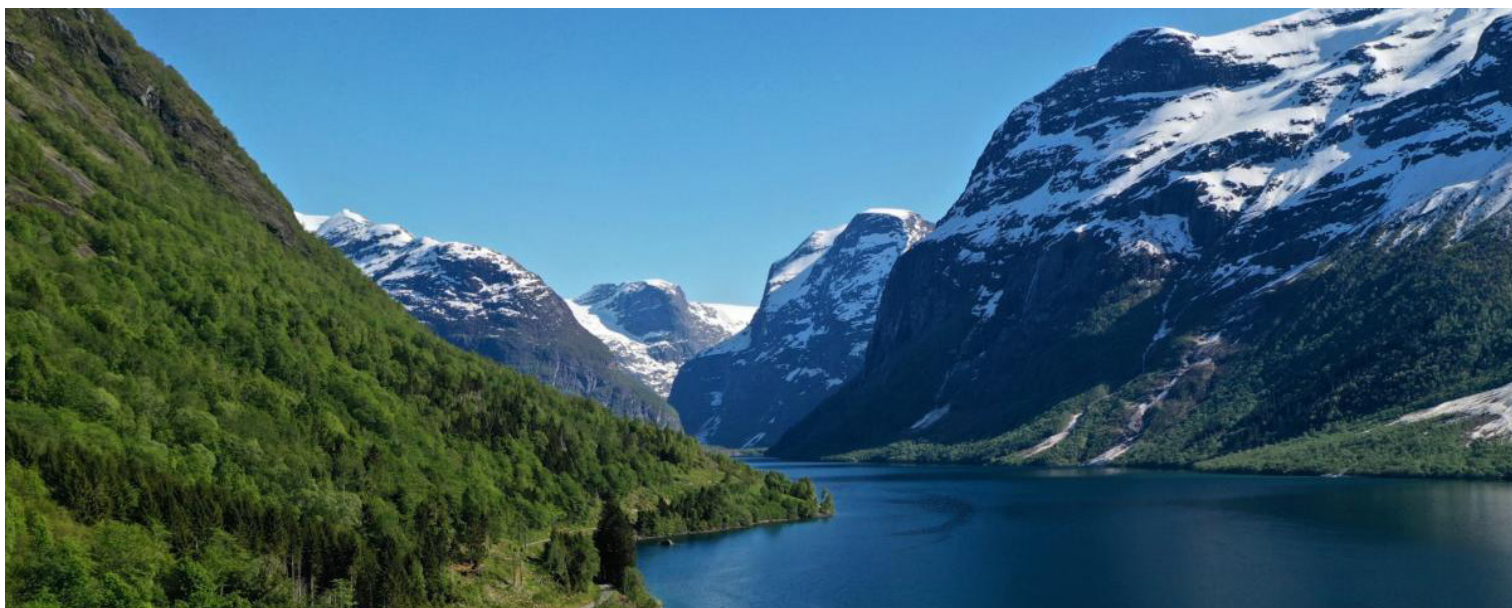
FRIDAY, MAY 12: This morning finds us sailing deep into Sognefjord, so deep that we will be almost to the middle of Norway. At the fjord's innermost point lies Skjolden, a tranquil village framed by waterfalls and snow-capped peaks. This was once a retreat for philosophers and artists seeking solitude. From Skjolden, enjoy an included group excursion to the UNESCO-listed Urnes Stave Church, with its wooden carvings blending Viking artistry with Christian symbolism. En route, see mainland Europe's largest glacier, Jostedalsgreen Glacier. Dinner conversation onboard our ship will be inspired by a sense of the deep continuity of life along these shores, where faith, craftsmanship and landscape have been intertwined for nearly a thousand years.

SATURDAY, MAY 13: Today we arrive in Ålesund, one of Norway's most beautiful and distinctive coastal cities. Rebuilt after a devastating fire in 1904, Ålesund rose again in the graceful curves and pastel hues of Art Nouveau architecture. The town's setting is striking: a cluster of islands framed by mountains and sea with views that unfold in every direction. Your day is free to wander the cobbled streets and waterfront cafés or visit the local museums. For a sweeping panorama, join friends to climb the steps to Mount Aksla. For a slower pace, browse small boutiques selling Norwegian crafts and sample local seafood along the nearby streets. Relax this evening with a lecture or in the lounge with music and a warm drink after dinner.



SUNDAY, MAY 14: Our last full day on the MS Trollfjord takes us into the most scenic fjord in Norway – Nordfjord. Our group will spend time worshipping together onboard in the midst of this majestic place. Later in the day, we arrive in Olden, a peaceful village framed by the turquoise waters of the Oldeelva River and the Jostedalsgreen Glacier. From here, choose an excursion into the valley or wander the waterfront of Norway's inner heart. Our last evening will feature a celebration of the wonder of this place and the new friendships we have formed during this once-in-a-lifetime experience.

MONDAY, MAY 15: After breakfast, we bid farewell to the MS Trollfjord with full suitcases and fuller hearts, inspired by the beauty of Norway and our time together. Enjoy one last glimpse of the Norwegian coast before you take the Flybussen shuttle to the Bergen International Airport for your flight home.





Tour Terms and Conditions

INCLUDED: The tour fare includes: 7 nights onboard the Norwegian-owned Hurtigruten ship MS Trollfjord, gourmet meals, unlimited beverages, WiFi, onboard activities, onboard credit (75 EUR+ per person, based on cabin category) private Harding group events and all taxes and fees. Worship and communion will be offered on Sunday. Note: in contrast to many large cruise lines, Hurtigruten does not require or expect gratuities. Gratuities are completely optional and left to the discretion of each guest.

TRANSPORTATION FOR TOUR START/END: Individuals can make their own travel arrangements to/from Bergen International Airport (BGO) or airfare can be booked by Cruise Norway. Airport transfers are inexpensive and convenient using the Flybussen Shuttle or taxis are available at the airport.

PASSPORT: A valid passport is required for travel and should be valid for six months after the trip ends. In addition, an ETIAS (minimal charge, online application) may be required – additional information provided at booking.

IS THIS TRIP FOR YOU?: Harding University Alumni & Friends tours are planned and hosted by university faculty and staff for the purpose of building community among participants and enjoying the comfort and safety of traveling with like-minded people. Guests are expected to participate in a manner consistent with Harding's deeply held religious beliefs and in a way as to encourage and uplift the other tour participants.

MOBILITY CONCERNS: This tour can fully accommodate wheelchairs. Discuss mobility concerns at time of booking.

RESERVATION DEADLINE: Reservations and cruise cabin options are available on a first-come-first-served basis and availability is not guaranteed. Capacity on the ship is a maximum of 500 guests and this cruise will fill up quickly.

CRUISE FARE:

Polar Inside (no window, twin beds)	starting at \$2,589 per person (based on double occupancy)
Polar Outside (twin beds or double bed)	starting at \$2,950 per person (based on double occupancy)
Arctic Superior (twin beds or double bed)	starting at \$3,928 per person (based on double occupancy)
Suites	pricing on request

PAYMENT SCHEDULE: 25% of fare required at booking. Final balance due by February 8, 2028.

CRUISE FARE CANCELLATION FEES:

Cancel by January 7, 2028	No cancellation fee, full refund of payments
Cancel between January 8-February 7, 2028	25% cancellation fee
Cancel between February 8-March 7, 2028	50% cancellation fee
Cancel between March 8-April 7, 2028	75% cancellation fee
Cancel after April 8, 2028	No refund

LIMITATIONS: Space is limited. Travel insurance is not provided but is recommended. Full list of terms and conditions provided at time of booking.



cruiseNORWAY
Worldwide Expeditions

For reservations, contact Ann Sinclair at Cruise Norway

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For information on this and other Harding Alumni Tours, contact
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