ArCA Conference, a Student’s Perspective
by: John Mark Warnick

This November marked my second time attending ArCA. Last year, my exposure to the conference was limited. I presented a poster, spent some time at the alumni reception table, and that was it. This year I started with the alumni reception, where I got to meet some other professionals and hear about their experiences in the field of counseling. But I feel as if I grew more from my time there on Thursday.

For starters, I was able to sit in on some wonderful sessions. Some were less applicable to me than others, such as the one on conducting group supervision, but all were informative and helpful. The keynote speaker was fun to listen to, but also motivational and inspiring. My only regret is that I could not attend others that held my interest, but because I was only there for one full day I missed out on what I’m sure were some wonderful presentations.

I also had the opportunity to give a presentation myself, alongside Michael Jones. He was the one who selected the topic and as such was the main presenter, but I was still able to conduct research ahead of time and present my findings and my personal thoughts on the populations I had selected. It was an encouraging and enlightening experience and I’m glad I was able to participate in it. The only thing that disappointed me about it was lower numbers in attendance, but with the other sessions taking place at the same time I couldn’t fault the ArCA members for listening to other presentations.

Overall it was a wonderful experience, and I would encourage any counselor or counselor-in-training to attend one of these conferences, if at all possible, and to contribute in whatever way he or she can.
Get to Know the Faculty... Dr. Gene Wright

1) Where were you born? Perrysburg, OH

2) When you were a child, what did you want to be when you grew up? I wanted to be an attorney! In fact, I used to try (unsuccessfully) to represent my classmates when they got into trouble at school!

3) Siblings: I have one living half-brother, my half-sister and other half-brother have passed away.

4) Where did you attend college? Bowling Green State University for undergrad (psych), Heidelberg College (master's in counseling) and University of Toledo (doc in counselor ed)

5) Spouse and how long you have been married: Karen (the Chalk and Wire lady!) 22 years and counting!

6) Children: one two legged junior in high school and three four legged puppy children

7) Somewhere you would like to visit and why? I would like to return to Australia because two weeks were not enough!

8) If you could have dinner with anyone, who would it be and why? Sigmund Freud. I would love to get to know one of the most significant figures in the history of counseling and psychotherapy.

9) Something not many people know about you: I played professional paintball for a brief period of time.

10) Favorite color: Black and gold of course!

11) Favorite movie: The Avengers (its a great time to be a comic book fan!)

12) Favorite sport and/or team: Hockey! Detroit Red Wings

13) Favorite thing about Searcy: Whistle Stop BBQ! I make sure to get some every time I am in town.

14) Favorite book (other than the Bible): Games People Play by Eric Berne (SO useful in so many different situations).

15) How long have you been teaching at Harding? For 8 years between full time and adjunct work.

16) Biggest challenge or obstacle: Impatience! Sometimes I just want to get something done and either it would be better for everyone to wait or I have to wait because of things beyond my control. This is frustrating!

17) Proudest moment or accomplishment: The day I baptized my son.

18) Person who had the biggest impact on your life and why? My father. He showed me the importance of hard work, love of family and the value of doing things the right way the first time through.

19) Favorite scripture: Matthew 6:27 "Can any one of you by worrying add a single hour to your life?"

20) Words of wisdom for our students: Take care of yourself. You are the instrument of your profession. A good way to help with this goal is to remember the acronym QTIP. Quit Taking It Personally. Many things will happen during the course of your study or professional career that seem unfair or like a personal attack. It probably isn’t, but it can feel that way. Clean your ears out and step back and truly listen to what the other person has to say and it might surprise you how much more you can accomplish by approaching the problem together rather than being adversaries!
Student Spotlight—Roxanne Moaveni

Let me start by saying I’m getting married soon! Besides planning and running around with my hair on fire, I enjoy traveling and seeing other cultures. I’ve been to 12 countries and studied abroad in two. Being an exchange student in Germany and living with a family there opened my eyes to multicultural counseling. Although I had been interested in it due to family influences (my father being Iranian and my mother Irish), living with a family in another culture was a beautiful experience. Seeing similarities among different ethnicities throughout my life really encouraged me to become a therapist. Not only did I want to further expand my awareness of others, but I wished to encourage and uplift them as well. My aim is to unite others through a common understanding of human nature, one psyche at a time. The counseling program has been tremendously helpful by pushing me out of my comfort zone. True growth and understanding is not achieved by taking an easy path! I’ve learned more about myself and in turn been open to learning more about the clients I’ve been blessed to work with. It’s been a wonderful journey!

Student Spotlight—Alex Samuels

My name is Alex Samuel, and I will be graduating in May. I am excited about the future as well as my career path. Upon graduation I plan to pursue a doctoral degree, which will allow me to teach. I also plan on having my own private practice that will primarily contract with congregations. My dream is to help combat many of the stigmas that still exist within religious circles so as to help Christians reach out to others as well as address commonly guarded and masked problems within themselves. I went to Freed-Hardeman University with plans of being a preacher. However, my plans changed my first semester when I took general psychology. Two weeks later I switched my major to psychology. Most importantly, I met my best friend, Rachel, that same semester, and we celebrated our two-year wedding anniversary on August 2nd of this year. Our only child is a year and a half old standard poodle named Atlas.

Alumni Spotlight—Ian Bradshaw

My name is Ian Bradshaw, Ed.S., LPC. I graduated from the Professional Counseling program in May 2011. My career in mental health started in 2004, as a Psychosocial Rehabilitation Provider in the Northern Idaho area. All together I have experience as a PSR Provider, Case Manager, Program Coordinator, Public Relations for a mental health clinic, Administrator for a mental health clinic, a consultant for building case management programs, and now a Psychotherapist. I also contributed to a National Public Radio (NPR) program regarding the gap in mental health care for children in 2006, in addition to being involved in other public venues calling attention and support to mental health issues.

When I graduated from Harding University in 2011, I worked with the Arkansas Department of Youth Services (Arkansas Juvenile Delinquent System), school-based counseling, outpatient counseling, Arkansas Sheriff’s Youth Ranch, and now Residential Addiction Treatment with Capstone Treatment Center in Judsonia, AR. I have experience in working with Severe Mental Illness, Severe Emotional Disturbance, Chemical and Sexual Addiction, Trauma, and Attachment treatment. I am blessed to be a part of and really enjoy seeing the change my clients encounter as they are able to understand the root of their issues and behavior, receive validation of their pain, and begin the healing process from their trauma personally, relationally, socially, and spiritually. I look forward to the continued opportunities of how the Lord will use me in His kingdom and will be forever grateful for the training and support I received from the Professional Counseling Program.
2015 New Arrivals

Bryleigh Ann Thiede was born to Charlton and Samantha Thiede on July 17th. She was 7lbs 15oz, 21.5 inches long.

Everett Keaton Inman was born to Matt and Ariel Inman on May 20th. He was 10lbs 3oz, 23.5 inches long.

Judah Aaron and Lily Grace were born to Sarah Moser on April 23rd. Judah was 7lbs 20 inches and Lily was 6lbs 14oz 18.5 inches.

Michael Akrofi Jr. was born to Michael and Elizabeth Akrofi Donkor on October 23, 2015.

Jett Ryan Tubbs was born to Jeffrey and Julie Tubbs on January 31, 2015.

Congratulations, Ian Bradshaw! Ian was named Outstanding Alumni 2015!
CSI Provides Depression Screenings  by: Roxanne Moaveni

On October 8th members of Chi Sigma Iota conducted depression screenings at Unity Health and Harding University. Using the Beck depression inventory we were not only able to gather data from the community, but were also able to give these men and women results within just minutes of completion. Students would take turns speaking with clients and aiding them with any questions, while another group would score results. Reaching out to the community was a wonderful and rewarding experience. All the individuals who participated expressed gratefulness and some stories brought us to tears. It is a beautiful thing, connecting with the members of your community and offering them the resources they've desperately been searching for. The purpose of the screening was twofold, with the main goal of providing psychoeducational tools to those who may not have access to them. Yet the second goal, of connecting and involving ourselves with the community, was one that many of us will cherish for quite some time. Many thanks to the Elliott Foundation for working alongside us and providing some of the materials given, as well as some local therapists who devoted their time and guidance. If you or anyone you know struggles with depression, please go to [http://www.elliottfoundation.com/](http://www.elliottfoundation.com/) for resources.