Harding University

Didactic Program in Nutrition and Dietetics
Department of Family and Consumer Sciences
College of Sciences

Degree: B.S. in Nutrition and Dietetics

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Becoming a Registered Dietitian

The Didactic Program in Nutrition and Dietetics is the first step in the process of becoming a registered dietitian (RDN). Upon graduation, the student will receive verification that they have completed the foundation knowledge and skills required by the Accreditation Council for Education in Nutrition and Dietetics (ACEND).

In order to become a registered dietitian, the student will take the next step in the process. This step involves completion of a supervised practice program in order to be eligible to take the national Registration Examination for Dietitians.

Mission of the Didactic Program in Nutrition and Dietetics

The mission of the Didactic Program in Nutrition and Dietetics at Harding University is to provide an academically challenging program, consistent with Christian ideals, as the students’ first step toward becoming Registered Dietitians. This program prepares graduates for success in supervised practice, advanced study, and careers in nutrition and dietetics.

Goals of the Didactic Program in Nutrition and Dietetics

The Didactic Program in Nutrition and Dietetics will produce graduates that:
1. Have the foundation knowledge for entry into ACEND (Accreditation Council for Education in Nutrition and Dietetics) accredited post-baccalaureate supervised practice programs.
2. Possess the foundation skills for entry into ACEND (Accreditation Council for Education in Nutrition and Dietetics) accredited post-baccalaureate supervised practice programs.
3. Have a solid foundation for advanced studies.
4. Find employment.

Accreditation

The Didactic Program in Nutrition and Dietetics at Harding University is accredited by the Accreditation Council for Education in Nutrition and Dietetics, the accrediting agency for the Academy of Nutrition and Dietetics, 120 South Riverside Plaza, Suite 2000, Chicago, Illinois 60606-6995, (800) 877-1600, ext. 5400.

Information about expenses, admissions policies and procedures, academic calendar, and requirements for graduation are available in the Didactic Program in Nutrition and Dietetics (DPND) Handbook and also in the Harding University Undergraduate Catalog 2013-2014, available at http://harding.catalog.acalog.com/index.php
Bachelor of Sciences Degree  
Nutrition and Dietetics Major  
(NTDT)

<table>
<thead>
<tr>
<th>REQUIREMENTS</th>
<th>HOURS</th>
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<tbody>
<tr>
<td><strong>Liberal Arts:</strong></td>
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<tr>
<td>Student must take MATH 151 and MATH 200; BIOL 113; POLS 205; PSY 201. These are counted below in the hours required for the major. Do not take PHS 111, 112, 113, PHS 115, PHS 116. The liberal arts requirement for PHS is satisfied by CHEM 121, also counted below in the hours required for the major.</td>
<td>35</td>
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<td><strong>FCS Program Foundations:</strong></td>
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<tr>
<td>FCS 100, 205, 400</td>
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<tr>
<td><strong>Nutrition and Dietetics Core:</strong></td>
<td>81</td>
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<td>FCS 102, 240, 300, 331, 380, 415, 420, 424, 431, 433, 434, 435, 436, 461; BIOL 113, 271; CHEM 121, 122, 215, 216, 324; IS 101; MATH 151, 200; PSY 201; POLS 205; KINS 407 or EXSS 411; MKTG 240</td>
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<td><strong>Remaining Bible:</strong></td>
<td>8</td>
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<tr>
<td><strong>TOTAL HOURS</strong></td>
<td>130</td>
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**Outside the Classroom**

Students are encouraged to become members of the Academy of Nutrition and Dietetics and the Harding University Student Dietetic Association. This student organization sponsors trips to state and national conferences where students can interact with professionals in the field. This group is also involved in nutrition-related service activities on campus and in the community. High-achieving students may be selected for membership in Kappa Omicron Nu, an honorary society that recognizes scholarship in the field of family and consumer sciences. Harding’s chapter of KON is Nu Delta. The professional associations and honor societies provide excellent opportunities for students to develop leadership skills.

**Employment Opportunities**

Graduates with a BS degree in nutrition and dietetics may take the credentialing exam to become Dietetic Technicians, Registered (DTR), and work as agents or nutrition specialists with the Cooperative Extension Service, or work as nutritionists with the Special Supplemental Food Program for Women, Infants, and Children (WIC). Other possibilities include careers in product development, communication and marketing, foodservice management, foodservice purchasing, or catering.

Registered dietitians (RDs) find employment in a wide range of settings, including:

- Health care facilities such as hospitals or clinics
- Business and industry, working in food/nutrition product development, marketing, or communications
- Community or public health facilities
- Universities, as nutrition educators
- Research with food companies, pharmaceutical companies, or colleges, universities, and hospitals
- Government agencies
- Private practice